

FACE YOUR DAY WITH CONFIDENCE

## OUR TREATMENTS



*Registered with Health and Social Services*

## Our Clinic



From initial contact through consultation great care is taken to ensure clients receive the best possible advice, treatment and attention.



**Opening hours:** Monday - Friday 9.00am - 7.00pm, Alternate Saturdays 9.00am - 2.00pm

# Our Therapists

## NATALIE KANAAR

Director / Aesthetician



Natalie was born in South Africa and always had a keen interest in all aspects of beauty, health and fitness.

Natalie moved to the U.K. over thirty years ago to further her career in the laser industry and was invited to attend the U.K.'s first laser hair removal/vascular treatments training course, direct from the USA.

She then went on to be trained under well respected, internationally recognised consultants and dermatologists, before her employment at a private North Wales hospital, where she worked as a cosmetic laser specialist. Natalie went on to successfully set up and manage several UK/Ireland Laser Clinics and was involved in conducting and evaluating clinical trials for major laser manufacturers.

Natalie is one of the U.K.'s most qualified and experienced medical laser aestheticians, with over 30 years specialising in non-invasive medical and cosmetic laser therapy. Natalie's caring and sympathetic manner enables her to meet the individual requirements of each of her clients. She ensures first and foremost that their needs are fully met by provision of totally honest, expert advice, as well as providing quality treatment, with the use of the latest up-to-date aesthetic and laser technology available, and on going after care support.

## MICHELLE JOURNEAUX

Clinical Aesthetician



Michelle is a Clinical Laser Aesthetician with over 10 years experience, specialising in laser hair removal, pigmentation and vascular treatments.

Known for her precision and personal care, she blends the latest technology with a deep and thorough understanding of skin health to deliver excellent results, which ensure exemplary client trust and satisfaction in their experience here at Laserway.

Grant relocated to the UK in 2006 where he diversified to specialise in Low level laser therapy before recently joining us in Jersey.



## MICHELLE J. WEST

Aesthetician

Michelle was born in Hertfordshire and grew up in Cornwall, having completed her schooling and then went on to study Hair and Beauty therapy where she gained her diploma at St Austell College.

With over 25 years in the beauty industry, also having had the unique opportunity to work in the cruise industry, adapting to the individual needs of international clientele, in a fast paced multicultural environment, bringing her expertise in ship-board spa operations, Michelle then relocated to Jersey in 2002.

She was a much respected beauty therapy lecturer at Highlands College, and has successfully run her own beauty business for the past 21 years.

Michelle's continued education and professional development also includes that of a qualified laser therapist and now brings her wealth of knowledge and expertise to the Laserway clinic.



## GRANT KANAAR

Photobiomodulation therapist

Grant Kanaar joins the team at Laserway with the addition of a new therapy available - Photobiomodulation.

Grant attended Rhodes University in South Africa and is a Sports Business Management graduate and REPS (register of exercise professionals) Level 3 Personal Trainer through the Australian Institute of Fitness, ASA Level 2 swimming coach and qualified laser technician.

Grant has over 20 years work experience across a diverse field within the health, nutrition and fitness industry and worked with the prestigious Seagulls Swim Academy in South Africa as a strength and conditioning coach for Olympic and Commonwealth swimmers - Chad Le Clos (Gold medallist at the Olympics, World Championships and Commonwealth Games).

Grant relocated to the UK in 2006 where he diversified to specialise in Low level laser therapy before recently joining us in Jersey.

# Laser Hair Removal

*Not all hair removal lasers are created equal!*

Introducing the most comprehensive hair removal laser available today...

## Cynosure's Elite Plus Laser

**The Cynosure Elite Laser offers leading-edge technology and techniques for unparalleled results!**

- Smooth, flawless skin for the entire body
- For all skin types
- Cost Effective
- Simple Treatment

A revolutionary technology that combines the two recognised 'gold standard' wavelengths - Alexandrite and Nd-Yag, in one complete system.

This laser has advanced features not found on any other hair removal system and provides unprecedented levels of speed, safety, comfort and most importantly effectiveness.

The Elite laser can be adjusted specifically to treat ALL skin and hair types without any adverse skin reactions.

This laser provides dynamic integrated refrigerated air cooling throughout the duration of treatment, for added skin protection and patient comfort, which enables larger coverage areas at higher energies, resulting in far superior results.

***Undoubtedly the choice of leading medical experts worldwide!***

## How the laser works and what to expect

True lasers emit one specific beam of light that selectively targets the pigment in the hair, by passing the surface of the skin. The absorption of this heat elevates the temperature within the hair structure, which then destroys and disables the growth mechanisms of the follicle. The splinters of hair are immediately vaporised and expelled.

In some areas this process of expulsion may take a little longer. As hair is most effectively removed in the anagen phase of growth, repeated laser sessions are necessary at specific intervals, for permanent hair reduction. The sensation of the laser is similar to a heat prickling sensation, although most patients experience very little discomfort due to the integrated refrigerated air cooling.



Immediately following treatment there may be some redness which is temporary and normally resolves within a few hours.

## How many treatments are needed?

The number of treatments needed depends on many influencing factors, but in most cases, a course of 8 treatments is recommended for best results.

Pre and post treatment instructions are provided at the time of your consultation.

***Offering leading-edge technology and techniques for unparalleled results!***

## Hair Removal

A test patch is required prior to treatment

Treatment area	Cost per visit	Average number of treatments	20% off course of 8	Cost per 'touch up' after 8 sessions	Treatment intervals
Lip	£65	8	£416	£30	4 - 6 weeks
Chin	£75	8	£480	£35	4 - 6 weeks
Lip & Chin	£99	8	£633	£40	4 - 6 weeks
Sides of Face	£70	8	£448	£40	4 - 6 weeks
Neck	£75	8	£480	£40	4 - 6 weeks
Full Face	£130	8	£832	£45	4 - 6 weeks
Under Arms	£120	8	£768	£40	6 - 8 weeks
Lower Arms	£185	8	£1,184	£60	8 weeks
Full Arms	£220	8	£1,408	£65	8 weeks
Bikini Brazilian/Full	£175	8	£1,120	£45	6 - 8 weeks
Lower legs	£285	8	£1,824	£80	6 - 8 weeks
Upper legs (inc bikini)	£375	8	£2,400	£90	6 - 8 weeks
Full legs (inc bikini)	£499	8	£3,193	£100	6 - 8 weeks
Full back	£300	8	£1,920	£80	6 - 8 weeks
Chest	£180	8	£1,152	£60	6 - 8 weeks
Stomach	£180	8	£1,152	£60	6 - 8 weeks
Chest & stomach	£250	8	£1,600	£80	6 - 8 weeks
Hands or feet	£70	8	£448	£30	6 - 8 weeks
Naval	£70	8	£448	£30	6 - 8 weeks
Buttocks	£99	8	£633	£35	6 - 8 weeks
Nose & Ears	£65	8	£416	£30	6 - 8 weeks

## Leg & Facial Veins (laser)

*Embarrassed by unattractive Thread Veins?*

A non invasive laser solution to erase the need to conceal or cover up!...

### Safe and effective laser treatment for:

- Facial and Body Thread Veins • Superficial Vascular Lesions
- Helps you get back to wearing Shorts and Bathing Suits again with Confidence
- Removes Leg and Facial Veins • Simple Treatment

### What are thread veins?

Everyone wants clear skin that is free from broken veins which are distressing and can undermine confidence and even impact the way people lead their lives in terms of what they wear. Thread veins/spider veins are tiny blood vessels that run very close to the surface of the skin and are usually red or purple in colour. The condition is associated with increased pressure to the veins, caused by abnormal blood flow and weakening of the blood vessel wall. Hormonal changes, pregnancy, alcohol consumption and excessive sun exposure are all contributing factors. These veins are harmless and the disfigurement is only of a cosmetic concern, but often a major source of embarrassment for men and women.

### How does the laser work?

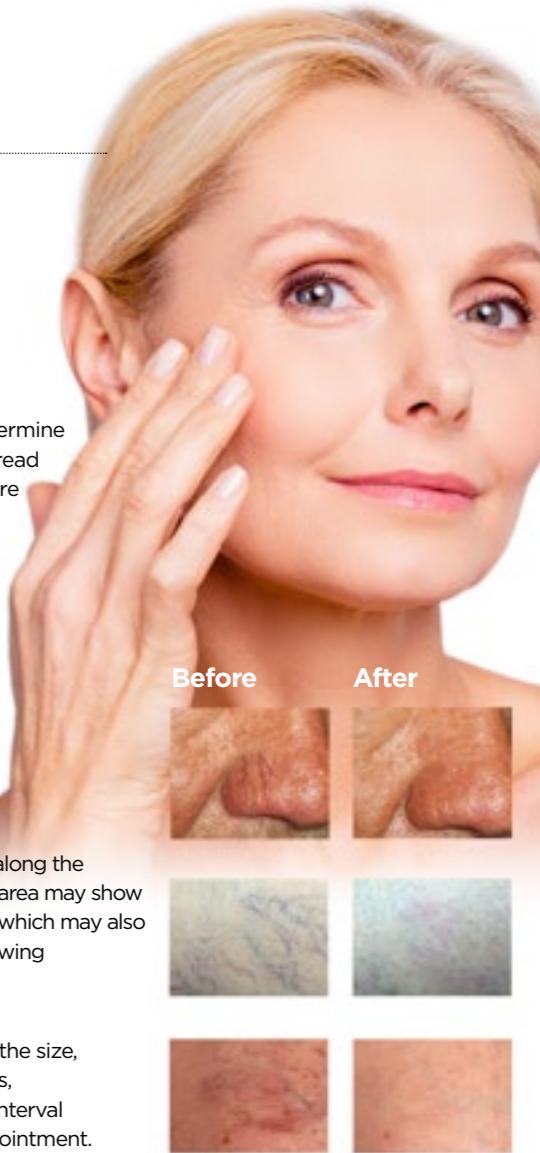
The laser emits a specific wavelength of light which targets hemoglobin (protein molecule in red blood cells). The laser heats up the small veins causing the blood to coagulate inside the vessel which in turn collapses and seals. Over the next six to eight weeks all traces of the blood are reabsorbed by the body during the healing process.

### How does it feel?

During your treatment you may feel a slight heat stinging sensation as the laser light is pulsed along the small vein, but most people find it relatively comfortable. Immediately following treatment the area may show evidence of slight swelling, with a temporary superficial deeper reddening of the blood vessel, which may also appear slightly raised. A mild sunburn type sensation may be experienced for a few hours following treatment, but can be soothed and cooled with the application of witch hazel or aloe vera gel.

### How many treatments are needed?

The number of treatments needed will be ascertained at your consultation, as it depends on the size, depth and location of the vessels. In most cases facial vessels normally require 2-3 treatments, whereas vessels in the legs may benefit from 3-4 treatments. The recommended treatment interval is 6-12 weeks apart. Pre and post treatment instructions are provided at the consultation appointment.



Treatment area	Cost per visit	Average number of treatments	Treatment intervals
Nose	£150	2	6 weeks
Cheeks	£175	2	6 weeks
Face (nose & cheeks)	£200	2	6 weeks
Cherry Angiomas	£150	1	N/A
Legs	From £350	3	12 weeks
Rosacea	£100	6	2 weeks course of 6 £480

# Pigmentation Treatment (laser)

Remove visual skin imperfections with laser treatment

Laser treatment can safely remove superficial pigmentation of skin on the face, hands and chest. Take this opportunity to discover the positive effects laser therapy can have on your physical appearance... as well as on your state of mind.

## Laser treatment to effectively treat:

- Benign Pigmented Lesions
- Freckles, Discoloured Spots
- Sun Damaged Skin

A medically proven safe and effective treatment yielding immediate results!

Brown spots, commonly referred to as pigmented lesions, can include age spots, liver spots, freckles, and lentigenes, all of which are very successfully treated by laser.  
(Melasma is not suitable for treatment by laser).

The laser light is targeted onto the skin causing selective absorption by the pigmented areas, resulting in the targeted cells (pigmentation) to scatter and degenerate.

These dead surface pigmented skin cells temporarily darken and crust over within 24hrs, after which they gradually begin to fade or completely disappear - a process which takes approximately 7-14 days.

## How does it feel?

The treatment is not painful - there is a slight heat prickling sensation which lasts a split second.

Immediately afterwards there may be a mild sunburn type sensation which may last a few hours but is soothed and cooled with the application of Aloe Vera gel.

## How many treatments are needed?

In some cases only one treatment may be necessary, but in heavily pigmented areas usually two treatments are required to give maximum effect and best results.

Treatment intervals are generally four weeks apart.

It is impossible to fully predict the outcome of your treatment and some blemishes do not disappear completely but a significant reduction in pigment is normally noted.

Pre and post treatment instructions are provided at the consultation appointment.

## Pigmentation Treatment

Treatment area	Cost per visit	Average number of visits	25% off Course of 2	Treatment intervals
Both hands	£180	2	£270	4 weeks
Face	£275	2	£412	4 weeks
Décolletage	£300	2	£450	4 weeks



## Before and after



# Skin Revitalizing Laser Face Treatment (No downtime!)

The Laser Facial is a unique rejuvenation option that safely and effectively reduces the visible signs of ageing, restoring a more firm, even toned and youthful appearance with no downtime and long lasting results!

## The Nd Yag Laser

- Softens lines and wrinkles
- Improves texture of the skin
- Minimizes pore size
- Reveals a more radiant and youthful skin

## Treatment Information

The Nd Yag Laser emits pulses of light on to the skin to heat the underlying subcutaneous tissue.

This stimulates the production of new collagen and regeneration of damaged skin cells, which continues to work for several months following the completion of a course of treatments.

The full face procedure takes 30 minutes. The treatment is comfortable and does not require the use of any topical anaesthetic.

A very mild sunburn sensation may be experienced immediately after treatment with slightly flushed skin and dissipates within 20 minutes.

## Suggested number of treatments

Most patients report immediate improvements to the skin, whilst the tightening effects normally become evident several months later.

Clinical studies suggest a course of 8 treatments spaced at monthly intervals for optimal results.

Although the results will last for years, a single booster treatment is recommended every 3-4 months after completing the course.

You can also treat other areas of the body, such as **hands** and **décolletage** with our fantastic anti-aging packages. A great non-surgical option!

**£150.00 per treatment or £799.00 for eight**



# Medical Grade Radio Frequency

## Face & Body Treatments

Viora Reaction radio frequency offers a whole new dimension in **skin tightening, cellulite and inch loss**. This treatment is designed to lift, tighten and sculpt the skin, providing an effective, non-invasive and safe procedure that requires absolutely no down time!

### Facial Skin Tightening

The radio frequency skin tightening treatment works to strengthen existing collagen fibres that have weakened over time. Bi-polar RF Energy heats the dermis and stimulates collagen synthesis for improvement in skin laxity and texture, as well as contracted tissue fibres, resulting in an overall smoother, tighter appearance of the skin and a reduced appearance of lines and wrinkles.

This RF device also provides a solution for those clients, who irrespective of age, have fatty jowls. By addressing local fat accumulation, the patented technology not only stimulates natural lipolysis, to shrink fat cell volume, but also contours and tightens the skin simultaneously. A course of 8 treatments is recommended for optimal results, and combined packages can be tailored to suit the individual needs of the client.

### Body Cellulite and Inch Loss

Viora Reaction RF is the ultimate non-surgical and safe solution to target localised fat volume on the hips, stomach, buttocks and thighs, whilst simultaneously tackling stubborn cellulite, resulting in both inch loss and a smoother, more toned and firmer appearance of the skin.

Utilizing vacuum therapy with Viora's CORE technology (4 different RF modes) lymphatic drainage and blood circulation is enhanced, resulting in reduced edema and increased metabolic rate of fat cells, ensuring maximum depth of retained EF Energy, leading to fat volume reduction.

The heating effect in the dermal layers also contributes to connective tissue remodelling which results in tighter skin.

Treatment is comfortable and takes 45 minutes. A course of 8 sessions, spaced weekly is recommended for optimal results.

### Radio Frequency

Treatment Area	Cost per treatment	25% off Course of 8	Treatment interval	Treatment time
Full Face	£150	£900	Monthly	45 mins
Full Face & Neck	£200	£1,200	Monthly	1 hour
Neck	£100	£600	Monthly	20 mins
Cellulite/Inch loss per area	£150	£900	Weekly	45 mins



# Photobiomodulation (therapeutic healing laser)

## Laser Therapy for Pain Relief and Healing

### What is Photobiomodulation therapy?

Photobiomodulation (PBM) therapy, also referred to as low level laser therapy is a targeted, safe and non-invasive healing light source used to treat musculoskeletal, soft tissue, joint and over-use conditions.

Essentially by directly targeting damaged tissue with healing light, laser therapy helps the body to repair itself more effectively and efficiently.

### How does it work?

Photobiomodulation is the application of specific wavelengths and frequencies of red and near infra-red light, to the skin at particular points on or relating to the damaged area. The light energy stimulates the cells, helping them to function optimally, which in turn encourages the healing process, and also has a powerful anti-inflammatory effect.

Depending on the condition being treated, several sessions may be required with progressively less frequent treatments until resolution of the condition

### Clinical Benefits of Photobiomodulation

- Pain free comfortable treatment
- Non invasive and non surgical
- No side effects or adverse reactions
- Reduces the need for pharmaceuticals
- Helps rejuvenate tissue
- Reduces inflammation
- Helps decrease pain and increase immunity
- Helps restore function and mobility
- Provides a treatment alternative to conventional therapies



### Photobiomodulation is scientifically proven and evidence based with published research having shown its efficiency in treating numerous conditions:

• Sports injuries	• Joint pain
• Arthritis (Osteo and Rheumatoid)	• Tendinopathy
• Back and neck pain	• Frozen shoulder
• Knee pain	• Fibromyalgia Pain
	• Sprains/Fractures
	• Wound healing/Scars
	• Bursitis
	• Carpal tunnel syndrome
	• Neuropathy
	• Nail fungal infections

### Photobiomodulation Laser Treatment Prices

Individual Laser Treatment	£60 per session
Block of 3 Treatments	£150
Block of 6 Treatments	£275
Block of 9 Treatments	£395

**Nail fungal infections treatment package of 6 treatments + 3 Elite Yag Laser treatments £395**





Take years off your skin with just one treatment!

**Tixel is a fractional skin rejuvenation treatment used to reduce and reverse the signs of chronological ageing.**

*This technology is FDA cleared for all skin types and all ages.*

### HOW DOES IT WORK

Tixel provides one of the most advanced fractional skin resurfacing treatments on the market, providing extraordinary results comparable to CO2 laser and deep chemical peels but with minimal discomfort and downtime and faster recovery times.

The Tixel works by transferring direct controlled heat, with a gentle touch of the titanium tip, to the skins surface, creating tiny micro channels in the skin.

This triggers the skins natural healing response which in turn stimulates the production of collagen, to help tighten the skin, soften lines and wrinkles, providing a more even skin tone, resulting in a more youthful skin!

A consultation and completion of a medical questionnaire form, as well as a free test patch is required prior to any Tixel treatment being carried out - this allows for a full explanation of the procedure and expected results and the after-care advise.

The therapists will be able to provide you with recommendations as to which type, and level of treatment is best suited to your specific needs.



• Before      • After



• Before      • After

**TIXEL OFFERS 2 TYPES OF TREATMENT:**  
**1. Gentle 'Open Channel' Treatment (Mesotherapy)**  
**2. Medium or High Intensity Treatment**

### MESOTHERAPY 'OPEN CHANNEL' GENTLE TREATMENT

This level of treatment combines the skin tightening and resurfacing benefits of a Tixel treatment, but with no downtime, and with the open channels created in the upper layers of skin, this allows for enhanced absorption of medical grade topical solutions to be applied to directly address specific skin concerns. This results in collagen stimulation and overall improved skin tone and texture.

Treatment is very comfortable, taking 30 minutes for a full face, with temporary redness and a mild heat sensation following treatment, which usually subsides within a few hours. Patients can resume normal activities the following day.

**Mesotherapy Tixel open channel - full face • £350 per treatment or £1,575 for 6**



*Medium/High Level Tixel Treatment*

Treatment at these levels is generally well tolerated without the need for topical anaesthetic cream, however this is an option if preferred.

At these levels, results after the completion of the recommended course of 4 treatments, is comparable to those of CO2 laser resurfacing or a deep chemical peel.

Treatment on the medium to higher level results in collagen remodelling, significantly improved quality, texture and elasticity of the skin, reduced lines and wrinkles and generally a more smooth and tighter skin.

Treatment takes 30-45 minutes depending on which area(s) are treated.

Following the treatment, you will experience a sunburn sensation lasting no more than an hour post treatment, possible temporary swelling, and redness lasting a few days.

Tiny brown micro-crusts may be evident after a few days, which can last up to a week but can be easily concealed with makeup.

Depending on treatment intensity, the downtime is between 3-5 days with resolution of any redness and micro-crusts within 3-10 days.

An after-care products pack and instructions is provided for treatment on the medium/Intense level.

Patients can resume their normal activities after 3 days.





**A consultation and test patch is required prior to treatment.**

Treatment Area	Cost per treatment	Course of 4
Lip	£250	£800
Eyes	£450	£1,440
Neck	£500	£1,600
Decolletage	£550	£1,760
Full face including eyes	£550	£1,760
Hands	£300	£960
Surgical Scars	£250	£800
Melasma/Pigment	£450	£1,440
Acne Scarring	£450	£1,440
Stretch Marks (red/purple only) (per area ie stomach or thighs)	£550	£1,760



• Before      • After

**20% OFF  
course of 4  
treatments**



• Before      • After      • Before      • After



For dry  
eye relief

Delivering significant symptom relief in just 2 minutes per treatment! FDA cleared for all skin types and all ages.

## HOW IT WORKS

The Tixel Dry Eye treatment is a non-invasive procedure, focusing on rejuvenating the eyelid glands, so that the tear layer is well balanced and does not evaporate as quickly.

The Tixel uses a thermal-mechanical action, in the form of heat, to unblock or stimulate meibomian glands which are responsible for producing the oil layer of the tear film. This in turn, alleviates symptoms like redness, itchiness and general discomfort associated with dry eyes.

## Treatment procedure and what to expect

The initial consultation and assessment are conducted by Dr. Tania Laverde-Konig, Senior Associate Ophthalmologist at Evolution Eye Care. With over 20 years of experience and membership in the Royal College of Ophthalmologists, Dr. Laverde-Konig carefully evaluates the type and cause of dry eye to determine if you are a suitable candidate for treatment.

Treatment is carried out at the Laserway clinic and is a comfortable, extremely safe and quick procedure, taking only a few minutes for both eyes.

The eyelids are cleansed and several gentle pulses, with a slight pressure, are applied via the titanium tip, to both the upper and lower eyelids.

A slight heat sensation, accompanied by temporary redness and possible slight swelling is evident immediately following treatment and generally resolves within 12 hours.

The full after-care procedure is provided at the time of the treatment and patients can return to their normal activities the following day.

A typical course of treatment involves 3 treatments spaced at two week intervals, with a single maintenance treatment recommended every 6 months to provide long lasting results.

## Treatment Cost

The initial consultation and assessment with Dr. Tania Laverde-Konig £200

**Tixel treatments are £80 per session or £200 (course of 3)**



Take some time.  
Treat yourself.  
You deserve it.



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